

Battelle Memorial Institute: Northwest PPO Plan

Coverage Period: 01/01/2014 - 12/31/2014

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://benefits.pnnl.gov/current_employees.stm or by calling 1-509-375-6361.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$400 Individual/ \$1,200 Family for In-Network and for Out-of-Network Providers. Prescription drug purchases do not count towards the deductible.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. \$2,500 Individual/ \$5,000 Family for In-Network and Out-of-Network providers.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, prescription drug purchases, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network of providers</u> ?	Yes. See www.anthem.com or call 1-800-514-3021 for a list of In-Network providers.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about excluded services .

OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146

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Released on April 23, 2013
(corrected)

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 Copay/Visit	40% Coinsurance	Services paid with a copay do not count towards the deductible.
	Specialist visit	\$40 Copay/ Visit	40% Coinsurance	Services paid with a Copay do not count towards the deductible.
	Other practitioner office visit	\$40 Copay/ Visit for Acupuncture and Chiropractor	40% Coinsurance for Acupuncture and Chiropractor	Coverage is limited to 24 visits per calendar year for Acupuncture and Chiropractor (spinal manipulations only.) Services paid with a Copay do not count towards the deductible.
	Preventive care/screening/immunization	No Charges	Not Covered	————None————
If you have a test	Diagnostic test (x-ray, blood work)	20% Coinsurance	40% Coinsurance	————None————
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	40% Coinsurance	————None————

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<p>If you need drugs to treat your illness or condition</p> <p>More information about prescription drug coverage is available at www.caremark.com</p>	Value generic drugs	\$3.33 Copay /Prescription (retail) and \$9.99 Copay/Prescription (mail)	Not Covered	Covers up to a 34-day supply (retail); up to a 90- day supply (mail order). Certain prescription benefits may require prior authorization or have quantity limits. Not all prescriptions are covered.
	Generic drugs	\$10 Copay/Prescription (retail) and \$20 Copay/Prescription (mail)	Not Covered	Covers up to a 34-day supply (retail); up to a 90- day supply (mail order). Certain prescription benefits may require prior authorization or have quantity limits. Not all prescriptions are covered.
	Preferred brand drugs	30% Coinsurance- \$50 minimum and \$80 maximum cost (retail) and 30% Coinsurance with \$100 minimum and \$160 maximum cost (mail)	Not Covered	Covers up to a 34-day supply (retail); up to a 90- day supply (mail order). Certain prescription benefits may require prior authorization or have quantity limits. Not all prescriptions are covered.
	Non-preferred brand drugs	30% Coinsurance with \$70 minimum and \$130 maximum cost (retail) and 30% Coinsurance with \$140 minimum and \$260 maximum cost (mail)	Not Covered	Covers up to a 34-day supply (retail); up to a 90- day supply (mail order). Certain prescription benefits may require prior authorization or have quantity limits. Not all prescriptions are covered.
	Specialty drugs	\$80 Copay/ Prescription	Not Covered	Covers up to a 30-day supply. Certain prescription benefits may require prior authorization or have quantity limits. Not all prescriptions are covered.
<p>If you have outpatient surgery</p>	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
	Physician/surgeon fees	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained. Office visit Copay applies in office setting.

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If you need immediate medical attention	Emergency room services	\$100 Copay/Day	\$100 Copay/Day	If admitted, the ER Copay is waived. Services paid with a Copay do not count towards the deductible.
	Emergency medical transportation	No Charges	No Charges	—————None—————
	Urgent care	\$30 Copay/ Visit	40% Coinsurance	Services paid with a Copay do not count towards the deductible.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
	Physician/surgeon fee	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$20 Copay/ Visit	40% Coinsurance	Penalty of \$300 if precertification is not obtained. Services paid with a Copay do not count towards the deductible.
	Mental/Behavioral health inpatient services	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
	Substance use disorder outpatient services	\$20 Copay/ Visit	40% Coinsurance	Penalty of \$300 if precertification is not obtained. Services paid with a Copay do not count towards the deductible.
	Substance use disorder inpatient services	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
If you are pregnant	Prenatal and postnatal care	No Charges	40% Coinsurance	\$20 Copay applies to first prenatal visit.
	Delivery and all inpatient services	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.

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If you need help recovering or have other special health needs	Home health care	20% Coinsurance	40% Coinsurance	Coverage is limited to 30 visits per calendar year for Out-of-Network providers. Penalty of \$300 if precertification is not obtained.
	Rehabilitation services	\$40 Copay/ Visit	40% Coinsurance	Coverage is limited to a combined 45 visits per calendar year for Occupational, Physical, Speech, Massage and Naturopathy Therapies. Penalty of \$300 if precertification is not obtained. Services paid with a Copay do not count towards the deductible.
	Habilitation services	\$40 Copay/ Visit	40% Coinsurance	Coverage is limited to a combined 45 visits per calendar year for Occupational, Physical, Speech, Massage and Naturopathy Therapies. Penalty of \$300 if precertification is not obtained. Services paid with a Copay do not count towards the deductible.
	Skilled nursing care	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
	Durable medical equipment	20% Coinsurance	40% Coinsurance	Penalty of \$300 if precertification is not obtained.
	Hospice service	No Charges	No Charges	_____None_____
If your child needs dental or eye care	Eye exam	\$40 Copay/ Visit	40% Coinsurance	Coverage is limited to 1 visit every 12 months. Services paid with a Copay do not count towards the deductible.
	Glasses	\$20 Copay/ Set of Lenses; \$0 Copay for Frames up to \$130 retail; Charge for contacts (in lieu of lenses) up to \$130 retail	Reimbursed up to: \$25 (single vision lenses); \$40 (bifocal or progressive lenses); \$55 (trifocal lenses); \$80 (lenticular lenses); \$45 for frames; up to \$105 for contacts (in lieu of lenses.)	Coverage is limited to: 1 pair of lenses per covered person every 12 months; 1 pair of frames per covered person every 24 months; 1 pair of contacts (in lieu of lenses) per covered person every 12 months. Services paid with a Copay do not count towards the deductible.

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	Dental check-up	Not Covered	Not Covered	—————None—————

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care
- Hearing aids
- Infertility treatment
- Long-term care
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Most coverage provided outside the United States. See www.bcbs.com/bluecardworldwide
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing (home setting only)
- Routine eye care

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

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For more information on your rights to continue coverage, contact the plan at 1-509-375-6361. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Medical

Anthem Blue Cross and Blue Shield
ATTN: Appeals
P.O. Box 105568
Atlanta, GA 30348

Prescription Drug

Plan Administrator
c/o Malesa Litteral
505 King Ave, Room A-190
Columbus, OH 43201

You may also contact the Department of Labor's Employee Benefit Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at www.dol.gov/ebsa/healthreform and <http://cciio.cms.gov/programs/consumer/capgrants/index.html>

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

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The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-514-3021.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-514-3021.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-514-3021.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-514-3021.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to Providers: \$7,540
- Plan pays \$6,100
- Patient pays \$1,440

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$400
Copays	\$20
Coinsurance	\$1,020
Limits or exclusions	\$0
Total	\$1,440

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to Providers: \$5,400
- Plan pays \$3,970
- Patient pays \$1,430

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$400
Copays	\$160
Coinsurance	\$870
Limits or exclusions	\$0
Total	\$1,430

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from Out-of-Network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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